



Alba, latin for “dawn”

It's the first glow whitens the horizon, in the literary sense, it's “the beginning”. The blank page. It's that special time of the day when everything is yet to be written, when all can be imagined. An immutable cycle. A moment of grace, of clairvoyance, of recollection.

Who has not experienced a moment of transition ? This in-between state is exhilarating because of its promise of renewal and uncomfortable. We don't know where any path *beckons*. When we choose to lean toward freedom, exploration is a must. We may or may not choose the time ; perhaps it is imposed on us. A visual artist yearns to experiment with new materials. An author awakens to another literary genre. A musician, inspired by injury, discovers a posture and techniques..

These artistic transitions alba makes possible. Alba invites artists to experiment with other ways of creating and offers conditions conducive to surpassing oneself.

Purify to unleash creativity

Alba is a place to breathe, in simplicity and beauty, voluntarily refined to leave room for creativity, imagination and poetry. Alba is place released from time.

Alba is immersion, a cross between boarding house and artistic retreat, where creatives rest, recharge, question themselves, dare to embrace the void, or take flight. Alba is a laboratory of courage, alba offers the chance to challenge old ways of being.

[Video presentation of the house](#)

[Explore the House 360 °](#) by Metamorphosis

Leave a trace of their passage

A talent is not a talent if it is not shared. Either during or at the end of the process, each artist will leave “a trace” that reflects their transformation. A text, a painting, a photo, a soundtrack, a happening that memorialises a meeting with the public... Each artist is free to choose, without pressure, the most appropriate way to reflect the transformation that occurred at alba. Everyone will have access to it, both the visiting public and future residents.

Experiment, exchange, rejuvenate

This period of profound introspection is difficult. It involves overcoming resistance and opening to flaws, allowing transformation. During this time, the artists will feel carried by alba. The place will be part of the transition. Spread over several stories, it provides spaces for exchange, productivity and resources. Each floor will have its own *raison d'être* and identity, the partitions will be designed to allow permeability within the house and with the outside.

Join us

If you wish to join our team of volunteers and participate in this project, whether by sharing your time, sharing your talent, sharing your skills, or by joining the circle of friend sponsors, please contact us:

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